



OTTER TALES

Creekside PTSA Newsletter

May 2019

PARENT EDUCATION

PARENT EDUCATION ON FAMILIES AND SCREENS



If this cartoon is how you feel sometimes, please join other parents from Discovery and Creekside in learning about how to balance family life and screens!

FREE! [Sign up here](#)

WHEN: Wednesday, May 22nd

WHERE: Creekside Elementary

TIME: 6-8PM

Sponsored by the Creekside and Discovery PTSAs

NO child care will be available but we will have light refreshments

Details:

The presentation will be hosted by Jocelyn Skillman LMHC, MHP, CMHS.

Jocelyn is a mother, mental health counselor, and child mental health specialist supporting individuals and families on the Eastside. She strives to passionately support our community in navigating the impact of media use and screen time.

She has been a featured panelist and presenter at multiple agencies and events including three State of Mind Conferences hosted by the Issaquah Schools Foundation.

Topics covered include:

- How screen use impacts the mental health of children
- How to create a balance with media usage now and during the summer months
- Ideas and resources for creating a family media plan

FREE! [Sign up here](#)

Book Fair



Stomp, Chomp, and Read, at Creekside PTSA's Scholastic Book Fair. For one day only!

To be held at the end of year BBQ.

Creekside MPR **Friday June 7th 4:30 – 7:00pm**

We need your help! For volunteer opportunities please use this sign up

<https://www.signupgenius.com/go/20F0B44ABA722A7FD0-ptsa>

Destination Imagination

Thank you for the send off as our **5th Grade Destination Imagination Team** heads to Global Finals in Kansas City to compete May 22-25th against students from 17 other countries. Thank you **Rocky's Empanadas** for the send off and help raising funds to contribute to our registration fee. Good luck to **Deepa S, Noah C, Jax R, Alex R, Henry D, Samuel R and Abby R and Team Manager Jason Rajtar!** Thank you to PTSA for supporting this program at Creekside and to our sponsors QFC, Safeways, Roy Towse and POMS CHEER for contributing. If you would still like to contribute towards the teams entrance costs you can donate online at <https://sam-mamishditeam.weebly.com/#/> thank you and GO Team Destination Imagination!



Bank Day

A penny saved is a penny earned!! The last Bank Day will be **Friday, June 7th**. I will be available on the 2nd floor library overlook anytime from **9:00am-10:00am** for kids to make a deposit. Please send your kiddos in with their deposits for a trip to the prize box!



DEPOSIT DATE: _____

Popcorn Friday

Reminder to please sign up for Spring popcorn!

Here is the link:

<https://www.signupgenius.com/go/8050d4eacae2fa0fc1-spring>



